Office Hours Tuesday-Friday 9:00 a.m.—3:00 pm 754-4247

Staff Rev. Dr. Russell Anderson

Church Secretary
Carrie Hancock

Custodian
Integrated Life Choices
Call Office

Committee Chairs
Admin Council
Joe Swanson
750-6063

Board of Trustees
Buzz Todd
Brenda Starkey

Finance
Dave Harrington
750-2551

Staff/Parish Relations
Bob Rasmussen
750-0151

Worship Lynda Berggren 750-2324 Becky Schwenk 687-6483

Mission-Outreach Nancy Harrington 754-4247

<u>UMM</u>
Dave Snow
Tom Knutson

<u>UMW</u> Carol Tjernagel 750-2830

Education Nancy Harrington 754-4247

> <u>VBS</u> Vacant

<u>Auditor</u> Larry Hurlburt

#### United Methodist Church Newsletter



## September

2019

stpaulneunitedmethodistchurch.com



Following the recent mass shootings in Gilroy, CA, El Paso, TX and Dayton, OH and the wide-range of dialog regarding "thoughts and prayers," Christianity Today ran an article written by Taylor Schumann, a shooting survivor herself. Schumann, believing that her healing and recovery is the direct result of prayer, offered 10 tips on how we can go much deeper than the common response of "You're in my thoughts and prayers." The article struck a chord with me giving me much to consider in my blanket response the next time an American terrorist decides to go into one of our schools, shopping malls, festivals, or movie theaters and kills and wounds innocent people.

Pray for the physical wounds, pain, and future treatment of the survivors, she says. Many, like she did, will face months, if not years of recovery, multiple surgery's, physical therapy, etc. Pray they have the strength to persevere.

Pray for their invisible wounds. The emotional trauma of being present while friends, loved ones, or strangers are killed leaves scars that will never go away. Pray that the survivors will seek professional help through counseling, therapies, and/or spiritual guidance.

Pray for wisdom for doctors, nurses, and all medical specialists survivors encounter. Many of these folks will need to make decisions and choices in the survivor's care. Pray they have wisdom to make the right choices, have steady hands to do what needs to be done, and endurance and the stamina.

Pray for shielding from photos and information of the shooter. The constant barrage of news coverage makes the survivors and victim's families relive the trauma over again.

Pray against nightmares and/or the ability to sleep and rest. A traumatized body needs rest. Survivor's will relive the event in their dreams awakening them and keeping them from getting the rest they need.

Pray for financial provision for medical costs and other needs. ER visits and hospital stays are devastating to families, especially if the victim or survivor is the wage earner. Pray for financial provision that the immediate and on-going medical needs will be met.

Pray for guidance and support during the legal process. Survivors and victim's families will face a long and tedious legal proceeding if the shooter(s) is taken into custody. Pray that the survivor will have support and guidance to do the right thing in making sure justice is carried out.

(Cont'd onto next page)

#### (Cont'd from previous page)

Pray they will have a support system for the long haul. Pray that each survivor and victim's family will have an unbreakable support system of people who love and care for them and will not abandon them when it gets long and the road ahead gets difficult. Also pray that the survivors and victim's families can find support and strength within the other survivors and victim's family members. This helps in the healing process to be able to talk things through with others who were actually there.

Pray against re-traumatization after the shooting. Survivors and family members of victims are constantly reliving the experience. Panic attacks and PTSD symptoms are common. Pray that God would provide a peace that surpasses all understanding and strength when they are weak.

Keep praying, Schumann concludes. "For many survivors, including myself," Schumann wrote, "the day of the shooting is not the hardest day. The hardest day comes later, when you are confronted with your new reality in the aftermath. When the cards stop coming, when people stop asking how you are, when the news cycle changes, you begin to feel forgotten and isolated. People praying for you months and years after the shooting is a significant way to show support."

I hope you find these prayer tips helpful as you continue to demonstrate your concern and think about the much deeper aspect of "thoughts and prayer."

Grace and peace,

Pastor Russ

# September Worship Services

#### **September Worship**

**September 1<sup>st</sup>:** Twelfth Sunday after Pentecost With Holy Communion.

Liturgical Color: Green

Mary Ann Rickertsen will share about her

mission trip with the Arcadia UMC.

Matthew 25:31-46

September 8<sup>th</sup>: Thirteenth Sunday after Pen-

tecost

Liturgical Color: Green

Guest preacher: Debbie Ritchie

"The Voice and the Light"

#### **September Worship**

**September 15<sup>th</sup>:** Fourteenth Sunday after

Pentecost

Liturgical Color: Green

Guest Speaker: rev. Ashlee Alley Crawford

"Jesus' Call Is Right Where We Are"

Luke 5:1-11

September 22<sup>nd</sup>: Fifteenth Sunday after Pen-

tecost

Liturgical Color: Green Jeremiah 18:1-11

"Formed, Fashioned and Shaped"

September 29<sup>th</sup>: Sixteenth Sunday after Pen-

tecost.

Liturgical Color: Green

Youth Sunday

#### **July Offering Totals**

July 7th: \$4,022

July 14th: \$2,249

July 21st: \$3,349

July 28th \$2,765

#### **July Attendance**

July 7th: 110

(23 from Nursing Home services)

July 14th: 60

July 21st: 86

July 28th: 68



#### October Sermon Series - The Game

For many, nothing says fall any more than a cool Friday evening sitting on a cold metal bench cheering on our kids during a high school football game. It just wouldn't be fall without it!

The author of the New Testament book of 2 Timothy has a lot to say about how we play The Game and come out winners. Therefore, during the month of October, Pastor Russ will look at the complexities of the game of football as compared to our daily living by enlisting the help of Head Coach Rusty Fuller and the St Paul High School football team. We will talk about the importance of practice and teamwork as a means of discipline to help shape and move us in the right direction for success. With a strong commitment to practice and teamwork it becomes easier to live up to our full God given potential. However, even though we always strive to do our best, we sometimes encounter setbacks. Therefore, it is important to know how to pick ourselves up again after a momentary loss and continue moving forward towards the goal. Both the author of 2 Timothy and Coach Fuller have much to say about this. Ultimately, through developing good practice skills, excellent teamwork and knowing how to move beyond a loss, winning the game becomes achievable. However, both the author of 2 Timothy and Coach Fuller remind us that simply winning *The Game* is not what life is all about. There is so much more.

I hope you will join us each week throughout the month of October as we play The Game.



Sept 1	Connie Nickel	Sept 15	Colin Winkler	
Sept 5	Bob Rasmussen	Sept 24	Kyle Thomas	
Sept 8	Loretta McDowell	Sept 25	Tjade Rodocker	
	Sue Nielsen	Sept 27 Angie Eytcheson		
	Stacy Vogel		Pearl Jensen	
Sept 9	Buzz Todd	Sept 28	Joy Risor	
Sept 10	Chip Coslor Jr.	Sept 29	John Gebhardt	
Sept 11	Sheryl Mortimer	Sept 30	Tom Powell	
Sept 12	Marian Odabasi			



Sept 8	Brandon and Jennifer Mitteis	
Sept 18	Kyle and Carrie Thomas	
Sept 19	Lou and Carol Tjernagel	
Sept 23	Lyle and Lory Thomsen	



## September at a Glance

1	Worship 10:00 am
2	Labor Day
3	Camera System Committee Meeting 7:00 pm
8	9:00 am Adult Sunday School 10:00 am Worship Guest Speaker: Debbie Ritchie
10	UMW meeting 1:30 pm Finance 7:00 pm
11	Youth Group Gr. 5-12 6:30 pm Choir Organizational Meeting 7:00 pm
15	9:00 am Adult Sunday School 10:00 am Worship Service Guest Speaker: Ashlee Alley Crawford 11:15 am (After Worship service) Sunday School -kids
17	Admin Council 7:00 pm
18	Youth Group Gr.5-12 6:30 pm
19	Quilters and Crafters 1:30 pm
21	UMC help with Food Pantry 9-11 am
22	9:00 am Adult Sunday School 10:00 am Worship Service 11:15 am (After Worship service) Sunday School -kids
24	Circles meet Martha 9:00 am Mary 2:00 pm
25	Youth Group Gr.5-12 6:30 pm
27	UMW Serves Indian Tacos for Junk Jaunt
29	9:00 am Adult Sunday School 10:00 am Worship Service (Youth Sunday) 11:15 am (After Worship service) Sunday School -kids UMC Golf Tournament

We are starting a new prayer request list. If you would like your name added to this list, please let the church office know.

Thank you

**Note:** We can only publish prayer concerns with the permission of the people involved. Also, Pastor

Russ often does not find out about hospitalizations. <u>HIPPA regulations do not allow the hospital to call unless they are requested to do so</u>. Please give him a call (Church 754-4247). if you or someone you know is in the hospital or desires a call. Thank you for your help.



#### Sunday

Worship time 10:00 a.m.

**Fellowship** 9:30 and 11:00 a.m.

#### **Adult Bible Study**

Sunday morning 9:00 am (starts Sept. 8th)

#### Children's Education

Sunday School 11:15 am. \*New time –after Worship (Starts Sept. 15th, 2019)

#### Youth Group

Wednesday evenings 6:30 pm during school year (Starts Sept. 11th,2019)

#### **Thursday**

Come 'n Go Coffee 10:00-11:00 a.m.

Come, meet your church family. You will like us!

#### **MISSION STATEMENT**

'Making and Nurturing Disciples'

UNITED METHODIST CHURCH OF ST. PAUL

#### **CIRCLE MEETINGS**

## September 24th



Martha 9:00 am Mary 2:00 pm

#### Epworth Village Needs:

Monetary gifts

Gift Cards to Walmart, Walgreens

Bosselman's or Casey's gas purchase cards

Menard's gift cards for maintenance needs

Reams of plain white copy paper

Antibacterial soap, hand pump or refillables

Alcohol-free hand sanitizer

Hand lotion-unscented

Generic hygiene products-hair products, body wash, feminine hygiene products

Infant-toddler hygiene products

Infant-toddler baby wipes and disposable diapers

Paper towels, toilet tissue, napkins

Medium laundry baskets

Large duffle bags for foster care belongings

Basic cleaning supplies for a home

Letter/brochure folding machine

Manila folders and label stickers





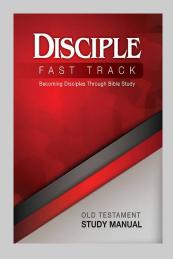
# With the start of the school year, many activities are starting here at the church also. Please take note of the following dates and events:

Adult Sunday School will begin on Sept. 8th, at 9:00 am before worship service. They will be reading "Faith from the Backside", by J. Ellsworth Kalas. If interested in joining in with this study, please let Mary Ann Rickertsen or the office know, as a book may need to be ordered.

Sunday School for children ages Pre-K to 4th Grade will begin on Sept. 15th. This will be a little different this year, as it will be following Sunday Worship Service, at approximately 11:00-11:15 am and will last about 45 minutes. A light snack will be provided.

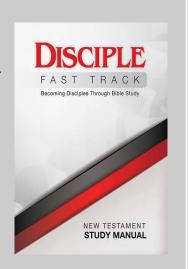
Wednesday night Youth Group will begin this year on Sept. 11th. This will start at 6:30 pm.

Pastor Russ will begin his Wednesday night Disciple Fast Track study on October 2nd, at 6:30 pm, lasting approximately an hour and 1/2. See below for more information on this study.



#### **Bible Study for Busy Lives**

Pastor Russ will begin a new Wednesday night Adult Bible study, starting on October 2nd. Participants will seek to have a better understanding of God's Word and live that out in their daily lives as they immerse themselves in a study of the entire Bible - the Old Testament and New Testamenteach in 12 weeks. This study will require two books, starting the first twelve weeks with "Disciple Fast Track—Old Testament", and the second twelve weeks with "Disciple Fast Track—New Testament". If interested in joining this Wednesday night study with Pastor Russ, please let Pastor Russ or the church office know and they can put you on the list.



#### \*Usher-Greeter Monthly list\*

These duties have been assigned to those who have shown interest in volunteering to do these things. If you would, at any time, be interested in being added to this list, please let Carrie in the office know and she can add you! You can either be added in the regular monthly calendar as an Usher or Greeter, or you may choose to be added to the Alternates list. Remember, it is your responsibility to find a replacement from the alternates list if you are unable to help at the times listed below. We truly appreciate all the hard work that our volunteers are willing to do!

Don't forget, the clipboards to sign up for Fellowship, Candle lighters and Scripture are still located in the Narthex. Please continue to volunteer, we need your help. There are opportunities to usher, greet, and light candles as well as host fellowship. Also pastor could use your help in reading scripture, and if you are musically blessed, we have a sign up sheet for that too!

*There is money available to help purchase food items for fellowship. Please contact the church office.* 

<u>Month</u>	Greeters	<u>Ushers</u>
August 2019	Bob and Francine Rasmussen	Connie Snow/Carol Phillips
September 2019	Harold and Mary Ann Rickertsen Sept 29th– Youth Sunday	Doug and Darla Voigt
October 2019	Dave and Connie Snow	Mike and Carol Phillips
November 2019	Martha Voigt/Karen Killion	Larry and Deirdre Hurlburt
December 2019	Lefty and Jolene Wolfe  Dec. 29th– Youth Sunday	Bob and Francine Rasmussen
January 2020	Mike and Carol Phillips	Dave and Connie Snow
February 2020	Gary and Charlene Craig	Diane Johnson/ Mary Ann Rickertsen

**Note: The United Methodist Men** will be ushers and greeters **every 3rd Sunday** of every month. On **Youth Sundays,** the Youth Group will be ushers, greeters, and scripture readers.

See next page for list of Alternates for Ushers and Greeters.



#### **Alternates list: (for Ushers and Greeters)**



#### **Greeters Only:**

Martha Voigt 754-4666 mevoigt@hotmail.com

Karen Killion 754-2070

Lefty and Jolene Wolfe- 308-687-6175 jolene.killinger@gmail.com

Harold Rickertsen 754-4038 rick@hamilton.net

Susie Wolfert 754-4235

Gary Craig (Feb-May only) 754-5503 ccflowers.craig8@gmail.com

**Greeters or Ushers:** 

Charlene Craig 754-5503 ccflowers.craig8@gmail.com

(Feb-May only)

Dave and Connie Snow 754-4023 dpclsnow@charter.net

Diane Johnson 308-379-8716 djohnson27@msn.com

Mary Ann Rickertsen 754-4038 hrick@hamilton.net

Larry and Deidre Hurlburt- 750-0995 titanic.hurlburt@yahoo.com

Doug and Darla Voigt 750-3973 dvoigt00@gmail.com(Darla)

dvoigt332@gmail.com(Doug)

Carol and Mike Phillips 308-380-9127 cjmphillips4@gmail.com

**Bob and Francine** 

Rasmussen 750-2594 rasfamily2011@hotmail.com

Theda Van Horn 754-4541





# **Four Conference Discipleship Series**

Dakotas, Great Plains, Iowa, Minnesota- Men sharing God's Love since 1998
Friday evening September 27, 2019 & Saturday, September 28, 2019

#### AN OVERVIEW

Why attend: Explore a process to continue the great commission "go and make disciples..." Mathew 28:19 Who should attend? Pastors and laity with a heart for helping men become and make disciples of Jesus. What we will share?

☐The impact of men who are lost and wandering ☐

☐Barriers men face to discipleship

☐ Mandate for reconciliation

☐Leadership: Secular vs Biblical

□Pursuing God through grace

□ Asking & answering critical questions

☐ A Father's blessing

☐ The WBB process for making disciples

☐ Creating a Transformational Environment

□ Opportunity vs Obligation

Presenter: George Houle, Certified Men's Ministry



When: Friday, Sept 27, 2019 from 5-9pm & Saturday, Sept 28, 2019. 8am – 4:30pm. Note: Lodging is available the night of Friday the 27<sup>th</sup> and Saturday the 28<sup>th</sup> for those who wish to take <u>full</u> advantage of the learning and Sunday morning worship service. Fellowship time Saturday evening following the meal.

Where: Camp Fontanelle: 9677 County Road 3, Fontanelle, Nebraska 68044 (402) 478-4296. Bring sleeping bag, pillow, towels & toiletries. Dress for the weather. For more information about the Camp, see <a href="https://www.campfontanelle.com">www.campfontanelle.com</a>

Cost per person: \$75 for 5 meals & dormitory lodging both nights. \$25 for Saturday-only (includes 3 meals). Both prices include a copy of <u>Spiritual Fathers</u> study book.

Ask about CEU's.

Online Registration: https://gp-reg.brtapp.com/FourConferenceDiscipleshipSeriesWBB

Questions (or manual registration): Craig Nordaker <a href="mailto:cnordaker@cox.net">cnordaker@cox.net</a> or (402) 453-6666

This and That.....

We still have a couple jackets, coats and sweaters that have been with us for awhile. If you are missing something, please check to see if one of these is yours. The Lost and Found is located in the office. Please ask Carrie to see the items we have located around the church

\*\*\*\*\*\*\*\*\*\*\*\*\*\*

#### **Box Tops for Education**

Even though we are no longer collecting these for Epworth Village, please continue to bring these coupons to church. We will donate them to the school.

#### **School Children Milk Money**

Our church is committed to the St. Paul Public Schools for those children who otherwise would not have it available. Please keep this mission in your prayers and consider donating to this wonderful cause. Make sure and note it on your check. Thank you!



Do you have an old bicycle you no longer use? Please consider donating it to John Rogers. He takes older bikes and fixes them up to give to kids/families who might not other-



wise be able to afford one. He also helps with the maintenance of bikes. If interested in donating a used bike, or needing your bike checked over, please contact John through his email <a href="mailto:jwrogers49@yahoo.com">jwrogers49@yahoo.com</a> or give him a call at 308-750-4407. Visit his Facebook page *St. Paul Bikes*.

The Food Pantry here in St. Paul is always looking for food donations. Please help us stock the shelves. Any food or paper item is accepted but these items are in high demand every month.

Cake or Brownie Mixes Dish Soap
Puddings Laundry Soap
Jello Pie Fillings
Toilet Tissue Ketchup
Mustard Cereal

Fruit

#### **Food Pantry hours**

Saturday Tuesday 9:00-11:00 am 4:00-6:00 pm

Beginning in 2018, February will be the month for United Methodist Church to donate to the Food Pantry.

#### **Food Pantry**

The United Methodist Church is responsible for operating the Food Pantry every third Saturday from 9-11 am. If you could volunteer to help any one of these Saturdays, it would be greatly appreciated.

**September 21st** is our next work date.

Thank you, Theda Van Horn



#### United Methodist Women

The United Methodist Women met August 13, 2019. President Carol Tjernagel called the meeting to order. Charlene Craig gave the devotions called "Still Useful to God".

The Purpose was recited.

The minutes were read and approved.

Treasurers report showed a balance of \$636.70 with \$99.33 memorial money and \$537.37 UMW funds.

Stand and Be Counted: Mary 2, Martha 5, General 3.

New Business: UMW Sunday is November 10<sup>th</sup>.

Downsizing UMW officers was discussed. Mary Ann Rickertsen made a motion to have President, vice-President, Treasurer and Secretary. Seconded by Marlene Kremlacek. Carried.

A motion was made to give the Howard County Food Pantry \$100 to replace the ground beef we used for Lunch Bunch. Seconded and Carried.

We worked on plans for the Junk Jaunt food we will be serving.

Meeting adjourned.

Mary Ann Rickertsen





#### **United Methodist Church Prayer Chain**

The purpose of the prayer chain is to offer special prayers for individuals in critical need. The chain cannot be activated without the permission of the family in need. Call prayer requests to the church office 754-4247. The prayer request will be called to the first person on these lists. Each caller then calls the next person on the list. If that person is unavailable, a call should be placed to the following name and contact made with the first party later in the day. Last name on list does not call anyone. We are in need of more people joining the prayer chain. Praying for each other is an important ministry that we can do for our church family. If you would be interested in becoming part of this mission, please contact the church office.

Marilyn Wall	754-5100	Rae Lee	754-5209	Jackie Cook	754-9115
Deb Wells	754-5620	Vanice Bahensky	754-7873	Charlene Craig	754-5503
Nancy Harrington	754-5136	Marlene Kremlacek	754-4876	Mary Ann Rickertsen	754-4038
Theda Van Horn	754-4541	Martha Voigt	754-4666	DeEtte Lukasiewicz	750-0246
Cleo Edwards	754-4853	Rose Ross	754-4993	Brenda Starkey	750-7967
Elaine McClellan	754-5177	Lory Thomsen	754-4286	LuAnn Todd	308-380-5022
Ashley Meyer	308-627-2808	Charlotte Rasmussen	308-863-2281	Carol Tjernagel	750-2830
				Dorothy Jorgensen	754-4126



The UMW will be serving Indian Tacos again this year for Junk Jaunt. This will be for Friday, September 27th. Volunteers are needed during this time. They will need help with everything from set-up to take-down. Servers are especially needed. No special requirements are needed, except maybe a smile! (And maybe some muscle if moving and setting up) If you are interested in helping with this, please let Carol Tjernagel or the office know. Your help would be much appreciated!

Do you enjoy singing? Our Choir here at the church is needing members, **especially a soprano**. If you think you might be interested, please contact Jackie Cook or the office. We'd love to hear from you!



#### **Please Remember:**

The UMC Golf Tournament has been rescheduled to September 29th.

If you are able to help with this, please let us know!



# 8th ANNUAL UMC "3 Person Scramble"



Postponed from August 17 due to rain



Carts Available For Rent 308-754-4203 Sunday – September 29, 2019 1:00 p.m. Shotgun Start Limited to the first 24 teams



Entry Fee @ \$65.00/Golfer &

Cash Payout for Flight Winners

#### Register by Calling

St. Paul Country Club 308-754-4203

Deadline for registration is September 27, 2019 Proceeds to benefit youth ministries.



Camp Fontanelle, located in Nickerson, NE have many exciting events planned for fall. The pumpkin patch and corn maze will be open to the public September 15th to Oc-

tober 27th on weekends. There is a large variety of activities available at the pumpkin patch, including a fort, roller slide, 2 jumping pillows, human foosball, and hayrack rides, just to name a few! There are lots of other activities happening throughout September and October, like a BBQ, a "Search for Treats", Wilderness 5k race, Scary Maze, and a Gaga Tournament. For more information, or to volunteer to help, please visit their website *www.campfontanelle.com*. Sounds like fun!





Goodwill will be having a Donation Drive starting on September 24 until October 1st. A trailer will be located at the City Lot, 6th and Grand, here in St. Paul and will be open daily from 8am-5pm.

# Join the fight for Alzheimer's first survivor

Currently, Alzheimer's can't be prevented, cured or even slowed. But what if one day it could? By participating in the *Alzheimer's Association Walk to End Alzheimer's*, you can help make that beautiful day happen. Join us for *Walk to End Alzheimer's* in Grand Island on Sunday, Sept. 8th at Skyview Park. Together, we can end Alzheimer's Disease. Register today at alz.org/walk.



#### **Peace with Justice**

War, conflict, poverty, inequality, injustice ... we know these things go against everything God wants. But through this offering, your congregation joins a community of love that embodies the peace and justice desperately needed in a broken and hurting world.

**Thank you** for joining the movement toward reconciliation and peace, and for partnering with other United Methodists to confront injustice and work together for peace.

Regards,

Mark Harrison
Director of Peace with Justice
General Board of Church and Society
www.umcgiving.org/pwjs



Address Service Requested

